

# Donning & Doffing Facemasks



## Donning your facemask

1. Wash your hands.
2. Open the mask, expand pleats or folds.
3. Orient the top of the mask (pleats down.)
4. Ensure the proper side of the mask faces outwards.
5. Place the mask on your face.
6. Place the loops around your ears one at a time.
7. Fit the mask under your chin.
8. Wash your hands.

## Doffing your facemask

1. Wash your hands.
2. Remove the mask by the ear loops.
3. Avoid touching the front of your mask.
4. After removal, fold together closing the outer surface inward.
5. Wash your hands.

## General Guidelines

1. The procedure for optional mask use does not apply when providing care for patients in droplet or airborne precautions. When providing patient care continue to follow the PPE Guidelines for COVID 19.
2. Your optional mask should be on your face over your nose and mouth or in safe storage. Your mask should not be worn around your neck.
3. Remove your optional mask to eat or drink or use the restroom and safely store for later.
4. Avoid touching the outside of your mask as much as possible and immediately perform hand hygiene.
5. Folded masks can be stored between uses in a breathable container, such as a paper bag with your name on it.

**COVID-19  
Call Center  
1-844-568-0701**

If you need emergency  
medical attention, call 911  
and tell them you are having  
COVID-19-like symptoms.

